



milesofsmilesLtd.com

Miles

of

Smiles



Spring 2014

Miles of Smiles, Ltd.

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### Time is running out!

Time is running out for you to fit Miles of Smiles in for this year. Go ahead and schedule NOW for the 2014-2015 school year!



## Smiles are bright after a visit from Miles of Smiles at your school!

Left, Jillian and grandmother Jodi Beyers, a dental assistant for Miles of Smiles.



### Congrats to the 2014 graduates!

We have seen many students year after year when we return to the schools and we have enjoyed watching them grow up from seeing them lose baby teeth, to braces and grown up smiles. We hope your future and smile is bright!

## Miles of Smiles also provides Oral Health Education!

Contact Miles of Smiles today if you would like a presentation on dental care for your students!

Right, Nikki Carls from Miles of Smiles presents Oral Health Education at Sacred Heart School.



### Miles of Smiles is now on Facebook!

Follow us on Facebook by liking "Miles of Smiles, Ltd." You will find all the latest news, photos and updates from Miles of Smiles on the page.

[www.facebook.com/milesofsmilesLtd](http://www.facebook.com/milesofsmilesLtd)

# About Miles of Smiles, Ltd.

Miles of Smiles, Ltd. has been Illinois' premier school-based mobile dental company since 1999.

Miles of Smiles is used in more schools in the state of Illinois than any other mobile dental company and there is a reason why we are number one!

• We pride ourselves on providing the BEST, COMPLETE, COMPASSIONATE, COMPREHENSIVE, and PROFESSIONAL care over any other mobile dental company in the state of Illinois!

• Every patient receives high quality Colgate toothpaste, toothbrush, and floss.



**Megan from Miles of Smiles cleans this little guy's teeth in Metamora earlier this year.**

• We provide oral health education to each and every patient we see.

• We do FBI background and finger print checks on all of our employees to

ensure safety to the children.

• Miles of Smiles staff that provides services to your school are local to your community.

• Miles of Smiles donates back all grant funding to your local health department to be used in your community. Other companies feel it's too much trouble to participate.

• The mission of Miles of Smiles is to increase dental access to underserved children of Illinois.

• Call today at 309-382-6404 or email [milesOfSmilesLtd@gmail.com](mailto:milesOfSmilesLtd@gmail.com) to get your school started!

## No cavities for Pete!



**Dr. Gabor with "Pete the Cat" at The Early Learning Center in Springfield.**

## Coloring contest



**This was done by a couple of great artists from Riverview School as part of our coloring contest for National Children's Dental Health Month.**

## Having an event?



**Miles of Smiles donated this dental goody basket to a fundraiser for Artstarts, a non-profit group for children. Let us know if you are having an event.**

## Meet our Mid-South team!



**Our Mid-South team includes Becky, Pamela, Nikki and Kathy (taking picture).**

## It's time to eat less sugar!

The World Health Organization wants you to stop eating so much sugar. Seriously. WHO is encouraging people to consume less than 5% of their total daily calories from sugars.

The organization's current guidelines, published in 2002, recommend eating less than 10% of your total daily calories from sugars. Most Americans still consume much more. Our sweet tooth increased 39% between 1950 and 2000, according to the USDA.

The average American now consumes about three pounds of sugar each week.

"There is increasing concern that consumption of free sugars, particularly in the form of sugar-sweetened beverages, may result in ... an increase in total caloric intake, leading to an unhealthy diet, weight gain and increased risk of noncommunicable diseases," WHO said in a statement.

Of particular concern, WHO said, is the role sugar plays in causing dental diseases worldwide.

— Read more on CNN.com