

miles of smiles ltd.com

Miles

of

Smiles

Spring 2013

Miles of Smiles, Ltd.

Vol. 2, Issue 1

### WHAT'S NEW with Miles of Smiles, Ltd?

- BEING selected to provide oral health services for the Chicago Public School children.
- COMPREHENSIVELY partnering with the Sangamon County Health Department to overcome treatment obstacles & to provide oral health education in the schools.
- PARTNERING with multiple Federally Qualified Health Centers (FQHCs) around the State of Illinois to make sure all children are receiving the treatment they need.

### WHAT CONTINUES with Miles of Smiles, Ltd?

- PROVIDING services to all children who present a positive consent form at **NO COST** to the family or school.
- PARTNERING with multiple county health departments to provide preventive oral health services through the Illinois Department of Public Health's (IDPH) Dental Sealant Grant program.
- REIMBURSEMENT to dentists that are denied payment due to any service we provide in the school setting.
- HELPING families find a dental home.

## SPRING 2013 REPORT CARD

Overall: Outstanding



Schedule Miles of Smiles



Make students happy



Give students clean teeth



Make parents happy



Receive top-quality dental care



**CONGRATULATIONS to Ingersoll Middle School in Canton for having NO CAVITIES among the students we saw on February 7! Miles of Smiles, Ltd., has been visiting the school for 15 years.**

**Want a report card like this? Call Miles of Smiles today!**

# Benefits of giving healthy rewards

Kids today are constantly overwhelmed with unhealthy food choices.

They face high risks of being overweight and having health problems in the future.

Children need to be taught and encouraged to make wise choices about food and healthy eating at all times.

Giving kids food treats as a reward in class makes this confusing and difficult for them.

Bribing with any food can encourage children to eat when they are not hungry. They learn to reward themselves through eating, a habit that

## Excellent reward choices:

- Extra recess time
- Earning coupons
- New pencils or erasers
- Thumbs-up
- First to share writings
- First to read
- Winks and smiles
- For big rewards: books (use bonus points from book clubs)
- Bonus points on assignments, quizzes, or tests
- First in line
- Pats on the back
- Lunch with the teacher
- Student's choice of where to sit for the day
- Stickers
- "No-homework" passes

may continue into adulthood.

When treats are offered as a reward for daily activities, children quickly learn to prefer "junk food" over healthier foods.

Non-food rewards are better for children because they help students establish healthy attitudes toward eating and do not interfere with natural hunger cues.

Studies show that children actually prefer non-food rewards.

Non-food rewards are a low-cost alternative to food and treats, and in most cases are free.

Giving non-food rewards helps students know that rewards don't have to involve food and can be intrinsic. This helps kids become more confident and self-motivated.

Creative, non-food incentives are fun and can still give the same great results.

To make the change in your classroom, ask your students to help develop a list of non-food rewards that will work best for them.

## Set a date today!

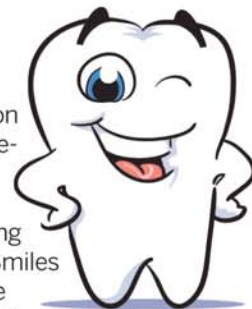
Be sure to schedule your school's next check up with Miles of Smiles today by calling 309-382-6404.



## Happy retirement!

Our best wishes to nurse Theresa on your retirement. Thanks for allowing Miles of Smiles to provide dental care

to the students at Cantrall Elementary School. We have enjoyed working with you.



# Brush up on some dental facts!

- Children begin to develop their primary teeth 6 weeks after conception while in their mothers womb.
- If you don't floss, you miss cleaning 35% of your tooth surfaces.
- 100 years ago 50% of adults in North America were toothless.
- Today less than 10% of adults over age 65 have lost teeth.
- Teeth are the hardest substance in the human body.
- The first nylon bristled toothbrush with a

- plastic handle was invented in 1938.
- The electric toothbrush first appeared in 1939.
- Egyptians used a form of toothpaste over 5000 years ago.
- Approximately \$2 billion a year is spent on dental products a year in the United States. (toothpaste, mouthwash, floss and toothbrushes)
- According to a "Time Magazine Survey", 59% of Americans would rather sit in a Dentist's chair than sit next to some-

- one on a cell phone.
- According to "Consumer's Report", Dentist's are among the 5 most trusted professionals in the U.S. .
- Regular dental cleanings can help prevent heart attacks.
- Tooth Decay is the 2nd most common disease in the U.S. after the common cold.
- Adults have 32 teeth, children have 20 teeth.
- Over 40% of North Americans have at least one tooth that

- could benefit from some type of treatment
- The first toothbrush with bristles was developed in China in 1948. The bristles were taken from hogs, and later horses and badgers. Nylon bristles were introduced in 1938 by Dupont.
- In Vermont, it is illegal for women to wear false teeth without the written permission of their husband
- Most tooth loss in people under 35 years of age is caused by athletic trauma, fights or accidents.

## Meet the new smiles of Miles of Smiles

We are pleased to welcome some new dental professionals who have joined our Miles of Smiles team.

Meet them by visiting our website: <http://milesofsmilesLtd.com/> and click on "About Us."

While at our site, you can also download our send-home forms and read more about our program and services. You can also read past newsletters.

For more information, contact your local Casefinder or our home office.